



RURAL MENTAL HEALTH CONFERENCE

Nov 12-14
Brooks, AB

Day 1 - Monday, November 12, 2018

*Agenda subject to change due to presenter availability

12:00pm	Registration			
12:45pm	Opening Remarks			
1:00pm	Keynote Speaker Dr. Peter Silverstone-Youth Anxiety and Depression			
2:30pm	Break			
2:45pm	Breakout Sessions <table border="1" style="width: 100%; background-color: #f0f0f0;"> <tr> <td style="width: 33%; text-align: center; background-color: #ffe4c4;">A1 Cannabis Talk</td> <td style="width: 33%; text-align: center; background-color: #d9e1f2;">A2 Violence Threat Risk Assessment</td> <td style="width: 33%; text-align: center; background-color: #d9ead3;">A3 Looking at the Big Picture-Roadmaps to Rural Mental Health; Healthy Campuses Alberta</td> </tr> </table>	A1 Cannabis Talk	A2 Violence Threat Risk Assessment	A3 Looking at the Big Picture-Roadmaps to Rural Mental Health; Healthy Campuses Alberta
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4:15pm	Wrap Up			
7:00pm	Social Event and Special Presentation by Shea Emry			



QUESTIONS?

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Day 2 - Tuesday, November 13, 2018

7:30am	Registration		
8:00am	Opening Remarks		
8:15am	Keynote Melanie Reed-Zukowski - When the Unthinkable Happens (Community Crisis Response to Tragedy)		
10:15am	Break		
10:30	Breakout Sessions		
	B1 Community Collaboration-Conflict Resolution	B2 Naloxone Training/ Alberta Rural Opioid Dependency Program	B3 Breathing Room (e-mental health tool for youth)
12:00pm	Lunch		
1:00pm	Keynote Dr. Allan Donsky - Mindfulness: Discovering How Strong You Really Are		
2:30pm	Break		
2:45pm	Breakout Sessions		
	C1 DVIT/SARC (Domestic Violence Intervention Team and Sexual Assault Response Committee)	C2 PTSD in First Responders	C3 Camrose Men's Shed
4:15pm	Wrap Up		
7:00pm	Social Event - Movie Night at the JBS Canada Centre		



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Day 3 - Wednesday, November 14, 2018

8:00am	Opening Remarks			
8:15am	<p>Keynote</p> <p>Melanie Reed-Zukowski - Building Mentally Healthy and Resilient Youth, Citizens and Communities: It Starts with Understanding the Effects of Stress, Trauma and Neglect on the Brain</p>			
10:15am	Break			
10:30am	<p>Breakout Sessions</p> <table border="0"> <tr> <td style="background-color: #fce4d6; padding: 5px;"> <p>D1 All Things Medical: Primary Health Care; Psych. Nurses in ER; Medicine Hat College Immigrant Research Project</p> </td> <td style="background-color: #e1eef6; padding: 5px;"> <p>D2 Canadian Mental Health Association - Community Programs (Caregiver Connections, Community Helpers)</p> </td> <td style="background-color: #e2efda; padding: 5px;"> <p>D3 Thinking Outside the Box - Role of Public Library, CALPs and Funeral Directors</p> </td> </tr> </table>	<p>D1 All Things Medical: Primary Health Care; Psych. Nurses in ER; Medicine Hat College Immigrant Research Project</p>	<p>D2 Canadian Mental Health Association - Community Programs (Caregiver Connections, Community Helpers)</p>	<p>D3 Thinking Outside the Box - Role of Public Library, CALPs and Funeral Directors</p>
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12:00pm	Lunch			
12:30pm	<p>Closing Note</p> <p>Tracy Harvey - Caring for the Everyday Hero</p>			
1:30pm	Wrap-Up			



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